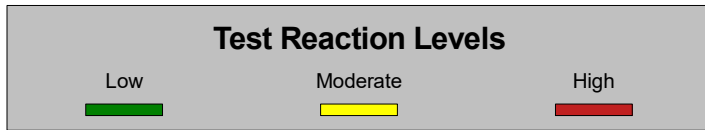


Physician: **Sample Practitioner, MD**
 Patient: **Sample Patient**
 Identifier: **SAMPLE176**
 Profile: **MRT 176**
 Test Date: **02/16/2023**
 Technologist: **GB**
 Page: **1 of 2**



Oxford Biomedical Technologies
 3555 Fiscal Court, Suite #9
 Riviera Beach, FL 33404
 Phone: (561) 848-7111
 FL License #: 800027063
 CLIA ID #: 10D0914874
 U.S. Patents: 6,114,174 6,200,815



Chemicals	Reaction Level
Potassium nitrate	0.1
Caffeine	0.3
FD&C red #4	0.3
FD&C red #3	0.3
Sorbic acid	0.3
MSG	0.5
Capsaicin	0.5
Solanine	0.6
Ibuprophen	0.6
Polysorbate 80	0.6
Sodium sulfite	0.7
Tyramine	0.7
Acetaminophen	0.9
FD&C green #3	1.0
FD&C yellow #6	1.1
FD&C yellow #5	1.1
Candida albicans	1.3
Benzoic acid	1.3
Saccharin	1.5
Potassium nitrite	1.5
FD&C red #40	1.6
Lecithin (soy)	1.8
Salicylic acid	1.8
Fructose (HFCS)	2.2
FD&C blue #1	2.3
FD&C blue #2	2.3
Aspartame	2.9
Sodium metabisulfite	2.9
Phenylethylamine	3.2

Vegetables	Reaction Level
Green bean	0.1
Leek	0.2
Sweet potato	0.2
Cabbage	0.4
Chard	0.4
Lettuce	0.4
Broccoli	0.5
Cucumber	0.5
Beet	0.6
Zucchini	0.6
Scallions	0.6
Onion	0.7
Cauliflower	0.9
Asparagus	0.9
Radish	1.0
Pumpkin	1.1
Brussels sprouts	1.1
Bok choy	1.2
Jalapeño	1.2
Green pea	1.2
Celery	1.5
Butternut squash	1.5
Carrot	1.6
Mushroom	1.7
Kale	1.7
Spinach	1.8
Bell pepper	1.9
Tomato	1.9
White potato	2.2
Corn	2.9
Eggplant	2.9

Seafood	Reaction Level
Sole	0.4
Scallop	0.4
Tuna	0.6
Catfish	1.2
Halibut	1.5
Salmon	1.5
Rainbow trout	1.6
Clam	1.7
Tilapia	1.7
Crab	1.9
Codfish	1.9
Shrimp	2.4

Beans/Nuts/Legumes/Seeds	Reaction Level
Lentil	0.3
Almond	0.4
Sunflower seed	0.5
Navy bean	1.0
Pecan	1.1
Pinto bean	1.1
Hazelnut	1.1
Cashew	1.4
Flaxseed	1.4
Black bean	1.5
Mung bean	1.6
Garbanzo bean	1.6
Pistachio	1.7
Sesame	1.7
Walnut	1.7
Red kidney bean	1.7
Lima bean	1.9
Peanut	2.6
Soybean	3.3

Dairy	Reaction Level
Whey	0.1
Cheddar cheese	0.5
American cheese	1.0
Yogurt	1.1
Goat's milk	1.4
Cottage cheese	2.2
Cow's milk	2.9

Physician: **Sample Practitioner, MD**
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Flavor Enhancers	Reaction Level
Ginger	0.1
Maple	0.1
Carob	0.2
Black pepper	0.2
Vanilla	0.3
Cinnamon	0.4
Coriander seed	0.5
Honey	0.5
Peppermint	0.6
Dill	0.6
Cayenne pepper	0.6
Turmeric	0.7
Parsley	0.8
Lemon	1.0
Tamarind	1.1
Rosemary	1.2
Cumin	1.4
Sage	1.4
Nutmeg	1.5
Garlic	1.6
Mustard seed	1.7
Basil	1.7
Cardamom	1.8
Oregano	1.9
Lime	1.9
Paprika	2.2
Cane sugar	2.2

Meats/Poultry	Reaction Level
Beef	0.5
Lamb	0.5
Turkey	1.3
Venison	1.4
Chicken	1.5
Egg yolk	1.5
Egg white	1.7
Collagen (beef)	1.8
Pork	2.5

Fruits	Reaction Level
Grape	0.1
Olive	0.2
Avocado	0.3
Orange	0.3
Plum	0.4
Strawberry	0.4
Cherry	0.5
Pear	0.5
Watermelon	0.6
Banana	0.8
Date	1.2
Blueberry	1.2
Peach	1.3
Raspberry	1.3
Cranberry	1.5
Mango	1.6
Apricot	1.8
Cantaloupe	1.9
Papaya	1.9
Honeydew melon	1.9
Grapefruit	2.2
Pineapple	2.2
Apple	3.1

Grains	Reaction Level
Buckwheat	0.2
Kamut	0.3
Spelt	0.5
Oat	0.9
Millet	1.0
Rice	1.1
Quinoa	1.1
Amaranth (grain)	1.6
Barley	2.2
Rye	2.5
Wheat	3.5

Miscellaneous	Reaction Level
Cocoa	0.4
Coconut	0.5
Tapioca	1.2
Rooibos tea	1.6
Coffee	1.8
Yeast-baker's/brewer's	1.9
Tea	2.1
Hops	2.3

It is recommended to completely avoid all tested items with Moderate or High reactivity scores. If tested Low reactive foods have been consumed regularly before testing, there is a high probability that they are not likely to provoke symptoms, as long as there is no history of allergic, autoimmune, or other types of inflammation-provoking or symptom-provoking reaction. Degrees of test reactivity may not in all cases correlate with the levels of clinical symptoms provoked by the tested food or chemical. These test results can form the basis of an eating plan developed under the guidance of a physician, dietitian, or other qualified healthcare practitioners.



LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:

Physician:

Identifier:

Test date:

Sample Patient

Sample Practitioner, MD

SAMPLE176

02/16/2023

Phase 1

DAYS 1 - 7

Phase 2

DAYS 8 - 12

Phase 3

DAYS 13 - 17

Phase 4

DAYS 18 - 22

Phase 5

DAYS 23 - 27

Proteins



Lentil	Navy bean	Halibut	Rainbow trout	Codfish
Sole	Pinto bean	Black bean	Clam	Crab
Scallop	Catfish	Egg yolk	Egg white	
Beef	Turkey	Salmon	Red kidney bean	
Lamb	Venison	Garbanzo bean	Tilapia	
Tuna	Chicken	Mung bean	Collagen (beef)	

Starches / Grains



Buckwheat	Kamut	Oat	Quinoa	Tapioca
Sweet potato	Spelt	Millet	Rice	Amaranth (grain)

Vegetables



Green bean	Beet	Pumpkin	Butternut squash	Lima bean
Lettuce	Zucchini	Brussels sprouts	Carrot	Tomato
Cabbage	Onion	Bok choy	Kale	
Chard	Cauliflower	Green pea	Mushroom	
Broccoli	Asparagus	Jalapeño	Spinach	
Cucumber	Radish	Celery	Bell pepper	

Fruits



Grape	Strawberry	Watermelon	Peach	Apricot
Olive	Plum	Banana	Raspberry	Honeydew melon
Avocado	Pear	Date	Cranberry	Cantaloupe
Orange	Cherry	Blueberry	Mango	Papaya

Dairy / Miscellaneous



Whey	Cheddar cheese	Yogurt	Rooibos tea	
Cocoa	American cheese	Goat's milk	Coffee	

Nuts / Seeds / Oils



Almond	Pecan	Flaxseed	Pistachio	Sesame
Sunflower seed	Hazelnut	Cashew	Walnut	

Flavor Enhancers



Ginger	Cinnamon	Dill	Rosemary	Basil
Maple	Coriander seed	Peppermint	Sage	Cardamom
Carob	Honey	Turmeric	Cumin	Oregano
Leek	Coconut	Parsley	Nutmeg	Lime
Black pepper	Cayenne pepper	Lemon	Garlic	
Vanilla	Scallions	Tamarind	Mustard seed	



LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:

Sample Patient

Physician:

Sample Practitioner, MD

Identifier:

SAMPLE176

Test date:

02/16/2023

Day 1

Day 2

Day 3

Proteins



Black bean
Garbanzo bean
Halibut
Lentil
Mung bean
Navy bean
Pinto bean
Red kidney bean

Beef
Catfish
Clam
Collagen (beef)
Lamb
Scallop
Sole
Venison

Chicken
Crab
Egg white
Egg yolk
Rainbow trout
Salmon
Tuna
Turkey

Starches / Grains



Buckwheat
Kamut
Rice
Spelt

Amaranth (grain)
Oat
Sweet potato

Millet
Quinoa
Tapioca

Vegetables



Asparagus
Carrot
Celery
Green bean
Green pea
Lettuce
Lima bean
Onion

Bok choy
Broccoli
Brussels sprouts
Cabbage
Cauliflower
Jalapeño
Kale
Radish

Beet
Butternut squash
Chard
Cucumber
Mushroom
Pumpkin
Spinach
Zucchini

Fruits



Apricot
Cherry
Grape
Olive
Papaya
Peach
Plum

Avocado
Blueberry
Cranberry
Date
Mango
Raspberry
Strawberry

Banana
Cantaloupe
Honeydew melon
Orange
Pear
Watermelon

Dairy / Miscellaneous



American cheese
Cheddar cheese
Whey
Yogurt

Coffee
Goat's milk

Cocoa
Roibos tea

Nuts / Seeds / Oils



Almond
Hazelnut
Olive
Sunflower seed

Cashew
Flaxseed
Pistachio

Pecan
Sesame
Walnut

Flavor Enhancers



Carob
Coriander seed
Dill
Leek
Parsley
Scallions
Tamarind
Vanilla

Black pepper
Cayenne pepper
Cinnamon
Coconut
Ginger
Honey
Jalapeño
Turmeric

Basil
Lemon
Maple
Nutmeg
Peppermint
Rosemary
Sage
Sesame

LEAP ImmunoCalm Diet Program - Food Reintroduction Schedule

Patient name:

Physician:

Identifier:

Test date:

Sample Patient

Sample Practitioner, MD

SAMPLE176

02/16/2023

Phase 1
DAYS 1 - 7

Phase 2
DAYS 8 - 12

Phase 3
DAYS 13 - 17

Phase 4
DAYS 18 - 22

Phase 5
DAYS 23 - 27

Proteins

0.3 Lentil	1.0 Navy bean	1.5 Halibut	1.6 Rainbow trout	1.9 Codfish
0.4 Sole	1.1 Pinto bean	1.5 Black bean	1.7 Clam	1.9 Crab
0.4 Scallop	1.2 Catfish	1.5 Egg yolk	1.7 Egg white	
0.5 Beef	1.3 Turkey	1.5 Salmon	1.7 Red kidney bean	
0.5 Lamb	1.4 Venison	1.6 Garbanzo bean	1.7 Tilapia	
0.6 Tuna	1.5 Chicken	1.6 Mung bean	1.8 Collagen (beef)	

Starches / Grains

0.2 Buckwheat	0.3 Kamut	0.9 Oat	1.1 Quinoa	1.2 Tapioca
0.2 Sweet potato	0.5 Spelt	1.0 Millet	1.1 Rice	1.6 Amaranth (grain)

Vegetables

0.1 Green bean	0.6 Beet	1.1 Pumpkin	1.5 Butternut squash	1.9 Lima bean
0.4 Lettuce	0.6 Zucchini	1.1 Brussels sprouts	1.6 Carrot	1.9 Tomato
0.4 Cabbage	0.7 Onion	1.2 Bok choy	1.7 Kale	
0.4 Chard	0.9 Cauliflower	1.2 Green pea	1.7 Mushroom	
0.5 Broccoli	0.9 Asparagus	1.2 Jalapeño	1.8 Spinach	
0.5 Cucumber	1.0 Radish	1.5 Celery	1.9 Bell pepper	

Fruits

0.1 Grape	0.4 Strawberry	0.6 Watermelon	1.3 Peach	1.8 Apricot
0.2 Olive	0.4 Plum	0.8 Banana	1.3 Raspberry	1.9 Honeydew melon
0.3 Avocado	0.5 Pear	1.2 Date	1.5 Cranberry	1.9 Cantaloupe
0.3 Orange	0.5 Cherry	1.2 Blueberry	1.6 Mango	1.9 Papaya

Dairy / Miscellaneous

0.1 Whey	0.5 Cheddar cheese	1.1 Yogurt	1.6 Rooibos tea
0.4 Cocoa	1.0 American cheese	1.4 Goat's milk	1.8 Coffee

Nuts / Seeds / Oils

0.4 Almond	1.1 Pecan	1.4 Flaxseed	1.7 Pistachio	1.7 Sesame
0.5 Sunflower seed	1.1 Hazelnut	1.4 Cashew	1.7 Walnut	

Flavor Enhancers

0.1 Ginger	0.4 Cinnamon	0.6 Dill	1.2 Rosemary	1.7 Basil
0.1 Maple	0.5 Coriander seed	0.6 Peppermint	1.4 Sage	1.8 Cardamom
0.2 Carob	0.5 Honey	0.7 Turmeric	1.4 Cumin	1.9 Oregano
0.2 Leek	0.5 Coconut	0.8 Parsley	1.5 Nutmeg	1.9 Lime
0.2 Black pepper	0.6 Cayenne pepper	1.0 Lemon	1.6 Garlic	
0.3 Vanilla	0.6 Scallions	1.1 Tamarind	1.7 Mustard seed	

LEAP ImmunoCalm Diet Program, Phase 6 - 3 Day Rotation Diet

Patient name:

Sample Patient

Physician:

Sample Practitioner, MD

Identifier:

SAMPLE176

Test date:

02/16/2023

Day 1

Day 2

Day 3

Proteins

1.5 Black bean
1.6 Garbanzo bean
1.5 Halibut
0.3 Lentil
1.6 Mung bean
1.0 Navy bean
1.1 Pinto bean
1.7 Red kidney bean

0.5 Beef
1.2 Catfish
1.7 Clam
1.8 Collagen (beef)
0.5 Lamb
0.4 Scallop
0.4 Sole
1.4 Venison

1.5 Chicken
1.9 Crab
1.7 Egg white
1.5 Egg yolk
1.6 Rainbow trout
1.5 Salmon
0.6 Tuna
1.3 Turkey

Starches / Grains

0.2 Buckwheat
0.3 Kamut
1.1 Rice
0.5 Spelt

1.6 Amaranth (grain)
0.9 Oat
0.2 Sweet potato

1.0 Millet
1.1 Quinoa
1.2 Tapioca

Vegetables

0.9 Asparagus
1.6 Carrot
1.5 Celery
0.1 Green bean
1.2 Green pea
0.4 Lettuce
1.9 Lima bean
0.7 Onion

1.2 Bok choy
0.5 Broccoli
1.1 Brussels sprouts
0.4 Cabbage
0.9 Cauliflower
1.2 Jalapeño
1.7 Kale
1.0 Radish

0.6 Beet
1.5 Butternut squash
0.4 Chard
0.5 Cucumber
1.7 Mushroom
1.1 Pumpkin
1.8 Spinach
0.6 Zucchini

Fruits

1.8 Apricot
0.5 Cherry
0.1 Grape
0.2 Olive
1.9 Papaya
1.3 Peach
0.4 Plum

0.3 Avocado
1.2 Blueberry
1.5 Cranberry
1.2 Date
1.6 Mango
1.3 Raspberry
0.4 Strawberry

0.8 Banana
1.9 Cantaloupe
1.9 Honeydew melon
0.3 Orange
0.5 Pear
0.6 Watermelon

Dairy / Miscellaneous

1.0 American cheese
0.5 Cheddar cheese
0.1 Whey
1.1 Yogurt

1.8 Coffee
1.4 Goat's milk

0.4 Cocoa
1.6 Rooibos tea

Nuts / Seeds / Oils

0.4 Almond
1.1 Hazelnut
0.2 Olive
0.5 Sunflower seed

1.4 Cashew
1.4 Flaxseed
1.7 Pistachio

1.1 Pecan
1.7 Sesame
1.7 Walnut

Flavor Enhancers

0.2 Carob
0.5 Coriander seed
0.6 Dill
0.2 Leek
0.8 Parsley
0.6 Scallions
1.1 Tamarind
0.3 Vanilla

0.2 Black pepper
0.6 Cayenne pepper
0.4 Cinnamon
0.5 Coconut
0.1 Ginger
0.5 Honey
1.2 Jalapeño
0.7 Turmeric

1.7 Basil
1.0 Lemon
0.1 Maple
1.5 Nutmeg
0.6 Peppermint
1.2 Rosemary
1.4 Sage
1.7 Sesame

SAMPLE176

PATIENT:
Sample Patient
PHYSICIAN:
Sample Practitioner, MD
TEST PROFILE:
MRT 176
TEST DATE:
02/16/2023



APPLE	SOYBEAN
PHENYLETH.	WHEAT
ASPARTAME	HOPS
BARLEY	PAPRIKA
BLUE #1	PEANUT
BLUE #2	PINEAPPLE
CANE SUGAR	PORK
CORN	POTATO
COT. CHEESE	RYE
COW'S MILK	S.M.B.SULFITE
EGGPLANT	SHRIMP
FRUCTOSE	TEA
GRAPEFRUIT	